BEVERLY SMALLWOOD, PH.D.

THE HOPE CENTER
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Hattiesburg, MS 39404
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EDUCATION AND PROFESSIONAL CREDENTIALS

Ph.D. Major: Counseling Psychology

Department of Counseling Psychology

(an APA-approved program)

University of Southern Mississippi

Hattiesburg, MS

1981

M.Ed. Major: Counseling

Department of Counseling Psychology University of Southern Mississippi

Hattiesburg, MS

1976

B.S. Major: Education

University of Southern Mississippi

Hattiesburg, MS

1969

Psychologist Mississippi License #268

1982

Civil Commitments Certified Examiner, Mississippi

1982

Forensic Psychology Forensic Training, American Board of Forensic

Psychology

OVERVIEW OF PROFESSIONAL SKILLS AND EXPERIENCE

COUNSELING AND PSYCHOTHERAPY

- ~Total of over 25 years' experience
 - ~Private practice, years
 - ~Community mental health centers, 5 years
 - ~University, 2 years
- ~Populations served
 - ~Adults
 - ~Adolescents
 - ~Children
- ~Therapy formats
 - ~Individual therapy
 - ~Couple therapy
 - ~Family therapy
 - ~Group therapy
 - ~Outpatient treatment
 - ~Inpatient treatment
 - ~Partial hospitalization treatment

FORENSIC EVALUATION AND CONSULTATION

- ~Twenty years' experience in various types of forensic evaluation/expert testimony
 - ~Criminal
 - ~Family
 - ~Personal injury
- ~Forensic Psychology training by the American Board of Forensic Psychology

ORGANIZATIONAL CONSULTATION

- ~Speaking/Training/Consultation for numerous organizations, e.g.:
 - ~Hospitals
 - ~Professional practices
 - ~Nursing homes and other residential care facilities
 - ~Banks
 - ~Manufacturing plants
 - ~Religious groups
 - ~Government organizations

- ~Locations
 - ~Throughout the United States
 - ~Kenya
 - ~South Africa
 - ~Botswana
 - ~Namibia
 - ~Netherlands
 - ~Singapore
 - ~Indonesia

COMMUNITY EDUCATION

- ~Psycho-educational community programs for various groups throughout career
 - ~Civic groups
 - ~Churches
 - ~Professional organizations
 - ~Schools
 - ~Healthcare organizations
 - ~Clubs
- ~Regular psycho-educational media services to local and national communities
 - ~Television
 - ~Radio
 - ~Print

TRAINING AND SUPERVISION OF OTHER PROFESSIONALS

- ~Teaching of graduate and undergraduate Counseling Psychology courses
 - ~Counseling laboratory practice
 - ~Group counseling
 - ~Vocational development
 - ~Psychotherapy testing
 - ~Marriage and family counseling
- ~Teaching graduate course in MBA program
 - ~Communication Skills for Managers
- ~Numerous training workshops for other psychologists and mental health providers. e.g.,
 - ~Ethics workshops
 - ~Clinical methods
 - ~Diagnostic and Statistical Manual training
- ~Training and clinical supervision of all doctoral-and master's-level clinical staff
 - ~15 clinicians at each of two regional mental health centers
 - ~2 clinicians at The Hope Center

EMPLOYMENT HISTORY

Psychologist, Private Practice, The Hope Center 1984-Present

C.E.O. P.O. Box 17918

Hattiesburg, MS 39404

Duties: Outpatient clinical services; forensic psychological evaluations, forensic consultation, and court testimony; inpatient consultations; clinical supervision; seminars and consultations with companies and professional organizations; program development; applied research; writing; media work; administrative duties.

Adjunct Department of Business 1992-1993 Professor MBA program (part-time)

University of Southern

Mississippi

Hattiesburg, MS 39406

Duties: Development and teaching of course, "Communication Skills for Managers".

Assistant Department of Counseling 1980-1987

Professor Psychology (one year full time)

University of Southern (remainder, part time)

Mississippi

Hattiesburg, MS 39406

Duties: Teaching of graduate and undergraduate Counseling
Psychology courses; e.g., Counseling Laboratory Practicum,
Group Counseling, Vocational Development, Psychological
Testing and Assessment, Marriage and Family Counseling

Psychologist, Pine Belt Mental Health 1981-1983

Clinical Center

Director Hattiesburg, MS 39402

Duties: Outpatient clinical services; clinical supervision; consultation with other community professionals; community workshops; civil commitment examinations; court evaluations and

testimony; marketing and public relations; research; administrative duties.

Clinician, Regional Mental Health 1979-1980

Clinical Complex

Supervisor Starkville, MS 39759

Duties: Outpatient clinical services; clinical supervision; inpatient clinical services; consultation with and training of other community professionals; marketing and public relations; administrative duties.

Psychology Regional Mental Health 1978-1979

Intern Complex

Columbus, MS 39701

Duties: Outpatient clinical services; inpatient clinical services; developmental disabilities services; community psychoeducational groups; research.

Coordinator/ Job Interview Skills Grant 1977-1978

Trainer University of Southern

Mississippi

Hattiesburg, MS 39406

Duties: Coordination of job interview skills grant to train Mississippi vocational counselors in how to prepare students for job interviews; literature review; writing of job interview skills manual; development of job interview skills workshop; training of vocational counselors across the state.

Resident Opportunity House 1977

House Forrest County Youth

Parent Court

Hattiesburg, MS 39401

Duties: Resident management of half-way house for delinquent girls; development and implementation of token economy; coordination and management of all household supplies; counseling; crisis management

Teacher Mississippi Public Schools 1969-1976 (Columbia, Gulfport, Purvis)

Duties: Teaching of first grade (2 years) and fifth grade (4 years)

PROFESSIONAL AFFILIATIONS

MEMBERSHIPS

- ~American Psychological Association
- ~Mississippi Psychological Association
- ~National Speakers Association

SERVICES TO MISSISSIPPI PSYCHOLOGICAL ASSOCIATION AND MISSISSIPPI PSYCHOLOGY

- ~Editor, The Mississippi Psychologist
- ~Past chair, Professional Affairs committee
- ~Past chair, Ethics Committee
- ~Past chair, Continuing Education Committee
- ~Developer of video assessment for Civil Commitment Examination

MEDIA

Interviewed and featured in national television, radio, and print media such as...

- MSNBC
- FOX News
- CNN
- New York Times
- USA Today
- Chicago Tribune
- Self Magazine
- Women's Health
- Entrepreneur
- Cosmopolitan
- HR Magazine
- Ladies Home Journal
- Family Fun (Disney Magazine)
- Over 100 radio interviews in the past year

RESEARCH AND PUBLICATIONS

Denson, J.M. & Smallwood, B.A. (1997) <u>KidSpiration...Out of the Mouths of Babes</u>. Brandon, Mississippi: Quail Ridge Press.

Denson, J.M. & Smallwood, B.A. (1997) <u>KidSpirational Keepsakes</u>. Brandon, Mississippi: Quail Ridge Press.

Hollandsworth, J.G., & Sandifer, B.A. (1981) Behavioral training for increasing effective job interview skills: Follow-up and evaluation. <u>Journal of Counseling Psychology, 26</u>, 448-450.

Hollandsworth, J.G., & Sandifer, B.A. (1981) Succeeding through failure: A case study in social validation. <u>The Behavioral Counselor, 2</u> (2), 19-24.

Reidenbach, R.E., & Sandifer-Smallwood, B.A. (1990) Exploring different perceptions of hospital operations using a modified SERVQUAL approach. <u>Journal of Healthcare Marketing</u>, 10 (4), 47-55.

Sandifer, B.A. (1981) Assessment of the social validity of an assertion training model with graduate nurses in a general hospital setting. Unpublished doctoral dissertation, University of Southern Mississippi.

Sandifer, B.A. (1988) Family member observations of eating behaviors. In A. Bellack and M. Hersen (Eds.) <u>Dictionary of Behavioral Assessment</u>. New York: Pergamon Press.

Sandifer, B.A., & Buchanan, W.L. (1983) Relationship between adherence and weight loss in a behavioral weight reduction program. <u>Behavior Therapy</u>, 14, 682-688.

Sandifer, B.A., & Forney, D.L. (1987) A media-based presentation of a weight reduction program. In W. Johnson (Ed.), <u>Advances in eating disorders</u>, (pp. 215-233). New York: JAI Press.

Sandifer, B.A., & Hollandsworth, J.G. (1978) <u>Job interview skills training: A workshop model</u>. Mississippi State, Mississippi: Research and Curriculum Unit for Vocational-Technical Education.

Smallwood, B.A. (1999) <u>Bringing out the best in people: Leadership development manual</u>. Unpublished manuscript.

Smallwood, B.A. (1995) How to ride the waves of change without losing your balance. <u>Career Success</u>, August. 10-11, 25.

Smallwood, B.A. (1999) Lead others in change. <u>Pharmaceutical Representative</u>, 29 (5), 33-34.

Smallwood, B.A. (1999) Learn to ride the waves of change: Embrace transitions. <u>Pharmaceutical Representative</u>, 29 (3), 28-29.

Smallwood, B.A. (1994) The making of a team leader: An evolution. <u>Great Speakers Anthology</u>, 1. Glendora, California: Royal Publishing, Inc.

Smallwood, B.A. (1995) The South Africa challenge (three-part series). <u>Sharing Ideas Newsmagazine</u>, 17, 2-4.

Smallwood, B.A. (1999) The value-focused leader: Building a get-it-done, work-together workplace. The Mississippi RN, 61 (3), 11-12.

Smallwood, B.A. (2008) This Wasn't Supposed to Happen to Me: 10 Make-or-Break Choices When Life Steals Your Dreams and Rocks Your World. Nashville: Thomas Nelson Publishers.

Smallwood, B.A., Reidenbach, & R.E., Moak, D.L. (1996) Using value concepts to improve employee morale, productivity, and loyalty. <u>The Mississippi Banker, 81 (4)</u>, 24-26.